

## **Students' Erasmus+ report**

### **The earth is your table**

The entirety of the first day was spent solely on travelling to Grosspetersdorf. The travel began very early, at 5 am at the Łódź fabryczna bus station, from where we traveled to Warsaw. At 10 am we took a one-hour flight to Austria, where we joined our joyous folks from Germany. Then we took a bus to Großpetersdorf and in the meantime we had a schnitzel with fries. Around 5 pm we got to the GIP hotel. We spent rest of the day making ourselves home.

We started our second day with a tasty, nutritious breakfast and then we traveled to Mittelschule Kohfidish. We had a very warm greeting ceremony including teachers and students. Later we discussed the topic of ecological footprint. We learned what the ecological footprint is, what it contains and how to reduce it. We took a test to find out what our ecological footprint is and discussed the results. Later we split up into international groups and made posters about how to reduce our ecological footprints. After that he had a lunch at a restaurant nearby. We tried some traditional Austrian dishes, such as kaiserschmarnn, and when we got back to school, we dyed our aprons and created word charades. We left the school around 3 pm and got back to the hotel. We had a dinner at 6:30 in a bar nearby.

On the third day we divided into two groups. One of them prepared healthy snacks while the other one watched a video about guy who tried to survive one week with only eating stuff he got from an app called „too good to go”. Later the 2nd group made posters about pros and cons of this app, after that we discussed our food diaries and talked about the expiring dates of different products. Later, second group prepared kartofelgulash and apfelstrudel and 1st group did the same activities as the other group before. Before we left the school at about 3 pm we had a lunch which was prepared by one of the groups. At 7 pm we had a dinner at Gasthof strohriegel. In the hotel we spent some time German group.

On the 4th day we visited a company called PhytonIQ, which takes pride in farming wasabi indoors. During our trip around the factory, we've learned the pros and cons of indoor farming. After that we had a nice lunch at L'Osteria, went for a little shopping and returned back to the bus. Later we travelled to the vinyards, admired a collection of rocks and fossils and had a tasting involving grape juice.. During our trip to the vinyards we've learned a valuable lesson about local culture and traditions, and after that we returned to the hotel. We've finished up the day by going to a restaurant near hotel.

On the 5th day we went to the Gussing agricultural college where the students showed us the wonders and mysteries of their facility. They spoke about their fancy sun farms, chicken coops, farming plots and showed us a whole bunch of farm animals, such as cows, pigs and so on. The animals looked very happy, and so the sight of them sparked joy in our hearts. Later we returned to the school in Kohfidisch where we had a heartbreaking farewell ceremony and received our Erasmus+ certificates. We spent rest of the day with the families of our Austrian colleagues and it was really fun and enjoyable.

The 6<sup>th</sup> day was the last day in Grosspetersdorf. We drove to Vienna at 7 am and later we had a series of very interesting lessons regarding food in correlation to our senses, such as taste, smell etc. After the lessons we had a delicious meal made from couscous and vegetables. After wienertafel and grossmarkt Wien we came back to the hotel, unpacked our stuff and left to see sights in central Vienna.

On the 7<sup>th</sup> day we got up early in the morning and ran around Vienna for a little bit more, but we had to stop due to our plane taking off to Warsaw around 5 pm. When we arrived at Warsaw we got on bus and travelled towards Łódź.